#### **ENROLLMENT**

Apply online using our Customer Kiosk, scan the QR code below, or the link can be found on our website - <a href="www.nekcap.org">www.nekcap.org</a>. For more information or to locate your county's Child and Family Advocate (CFA) visit our website at <a href="www.nekcap.org">www.nekcap.org</a> and click on Contact Us. For enrollment you will need to provide your income documents (for one year/most recent tax return or at least three months - reflecting current situation of the family) and insurance cards. Child's birth certificate (or hospital birth record) and immunization record are preferred but not required. If you do not have these documents the CFA will work with you to obtain them.



Early Head Start is funded by the United States Department of Health and Human Services, Administration for Children and Families.

### THE PROMISE OF COMMUNITY ACTION

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.

**NEK-CAP**, Inc's Vision

One by one all individuals, families and communities become self-reliant.

## **NEK-CAP**, Inc. Offices:

## Administrative Office (Hiawatha)

785-742-2222 or 888-904-8159 www.nekcap.org

## Atchison County (Atchison)

Early Head Start & Outreach Office: 913-367-7114 Head Start Center: 913-367-7848

#### North Brown County (Hiawatha)

Early Head Start, Head Start Center & Outreach Office: 785-742-2222 x 113 or 114

#### South Brown County (Horton)

Early Head Start, Head Start Center & Outreach Office: 785-486-2965

### Doniphan County (Troy)

Early Head Start & Outreach Office: 785-985-2619

#### Jackson County (Holton)

Early Head Start & Head Start Center: 785-364-2109

Outreach Office: 785-364-4055

#### Jefferson County (Meriden)

Head Start Center & Office: 785-484-3317 Early Head Start: 913-547-1362

### Leavenworth County (Lansing)

Early Head Start, Head Start Center & Office: 913-651-5692

#### Marshall County (Marysville)

Early Head Start, Head Start Center, & Outreach Office: 785-562-2941

#### Nemaha County

Early Head Start & Office (Sabetha): 785-300-0109 Early Head Start, Head Start Center & Office (Seneca): 785-336-2927

#### Pottawatomie County (Westmoreland)

Early Head Start & Outreach Office: 785-457-0122

JW, MC, OB, RP, RL, SM & WS Counties (Beloit)
Outreach Office: 785-547-7136



NEK-CAP, Inc. is an equal opportunity provider and employer.

# NEK-CAP, Inc.

We provide comprehensive education and social services to low-income community members through collaborative partnerships focused on promoting the development of individuals and families, empowerment, and economic security.



# Early Head Start



NEK-CAP, Inc. Administrative Office

Northeast Kansas Community Action Program

PO Box 380 - 1260 220<sup>th</sup> Street Hiawatha, KS 66434

Phone: 785-742-2222 or 888-904-8159 TTD/TTY: 785-742-3087

Fax: 785-742-2164

nekcap@nekcap.org ~ www.nekcap.org

## **NEK-CAP. Inc. EARLY HEAD START 0-3**

Early Head Start provides services to children ages 0-3 years old including infants, toddlers, and pregnant women in nine of NEK-CAP, Inc.'s 16-county service area. It promotes healthy prenatal outcomes, healthy

babies, enhances the development of infants and toddlers, and promotes healthy/selfreliant families. Early Head Start services are FREE to eligible prenatal women and children!



## **SOCIALIZATION**

The Early Head Start program focuses on socialization of infants and toddlers; the most important relationship at this age is between children and their parents. Socialization between infants and toddlers and their peers is important but is not the focus. Socialization gives parents a chance to be in a setting where they can interact with their child, other parents, and qualified staff to learn more about their child's development and develop more as a family. It is one more option for families to receive support and education. Socialization helps with community and team

building by bringing many different members together and increasing communication and relationship.

Early Head Start works closely with parents to assist them in developing and using individual and family strengths to successfully meet personal and family objectives. Parents are encouraged to become involved in all aspects of the program, from participation in socializations to direct involvement Parent Committee and Policy Council.

#### **HOME-BASED PROGRAM**

Early Head Start home-based programs provide comprehensive and intensive services to pregnant women and children through age three (3). Early Head Start programs have many different goals, such as promoting healthy prenatal outcomes, enhancing the development of very young children, and promoting healthy family functioning.

This home-based program will provide all services through weekly home visits, and offers at least two socialization opportunities per month, as selected by NEK-CAP Policy Council, Multi-County Board, parents and staff.



#### GROWING GREAT KIDS™

NEK-CAP Inc. Early Head Start utilizes the Growing Great Kids™ Curriculum in our homebased program. This curriculum is parent and child development focused. Growing Great Kids<sup>™</sup> is a user friendly and truly comprehensive strength-based approach to growing nurturing parent-child relationships supporting healthy childhood and development. This prenatal to 36-month curriculum is research and practice based that supports parenting, attachment, child development, and family building.



NEK-CAP, Inc. Early Head Start utilizes The Ounce Scale on-line assessment tool. This is a comprehensive assessment tool for early childhood education programs that is based on the latest research, proven valid and reliable, and is fully aligned with Kansas Early Learning Standards and the Head Start Early Learning Outcomes Framework.

